

Our Vision

"For All Our Students: Uniting, School, Community, Family." YKSD's counseling program aims to provide comprehensive school counseling services for all our students in alignment with the ASCA National Model of mindset and behavior standards.

Our counseling team strives to encourage positive mindsets, positive social skills, self-management skills, and learning strategies that enable students to be successful in whatever path they pursue.

Contact

4762 Old Airport Way Fairbanks, AK 99709 907-374-9428 www.yksd.com



COMPREHENSIVE SCHOOL COUNSELING PROGRAM







Counselors Are Not:

- Principals/Administrators: principals are responsible for leading/directing school policy and carrying out discipline.
- Teachers: teachers are trained to instruct in certain content areas such as English, math, art, etc. While counselors do teach, they are not the same as classroom teachers.
- Psychologists: school psychologists often assist with special education, administer special assessments, develop intervention plans, and much more!
- Social Workers: similar to counselors, social workers specialize in aligning students and families with community resources and programs to better help students and families succeed.
- Psychiatrists: these medical professionals typically offer therapy combined with the ability to prescribe medications to help treat clients/patients.

YOUR COUNSELOR

- > Helps students overcome social, academic and mindset barriers.
- > Provides individual and group counseling.
- ➤ Teaches classroom lessons to promote positive social/emotional, academic and career-related outcomes.
- > Seeks out community resources to better serve students and their families.
- Collaborates with allied professionals to better help students.
- Assists parents in helping students reach their academic goals.
- > Serves as a school leader and participates in special education teams, community relations, and school initiatives.

WHY YOUR COUNSELOR MAY SEE YOUR CHILD

- > Resolve Conflicts
- ➤ Make Healthy Choices
- ➤ Plan for Life After School
- ➤ Develop Problem Solving Skills
- ➤ Improve Empathy Skills
- > Prepare for College Assessments
- > Discuss Personal Goals



Confidentiality

Information shared with your counselor is intended to be confidential <u>Unless</u>:

- A. Someone discloses harm to self or others.
- B. Someone is the victim of abuse or neglect.

In these situations, counselors and other school staff are required by law to report this information to the proper agencies.

